|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean minutes of transport-related physical activity on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Mean minutes | 95% CI | n | Mean minutes | 95% CI | n | Mean minutes | 95% CI |
| 18-29 | 526 | 59.1 | 46.8 - 71.4 | 759 | 26.1 | 22.7 - 29.4 | 1285 | 42.6 | 35.9 - 49.3 |
| 30-44 | 593 | 51.5 | 42.8 - 60.2 | 964 | 30.1 | 25.8 - 34.5 | 1557 | 40.8 | 35.6 - 46.0 |
| 45-59 | 342 | 37.4 | 30.3 - 44.5 | 537 | 29.5 | 24.8 - 34.1 | 879 | 33.1 | 29.0 - 37.2 |
| 60-69 | 159 | 39.2 | 30.3 - 48.0 | 297 | 24.4 | 18.9 - 29.9 | 456 | 30.7 | 25.8 - 35.6 |
| **Total** | **1620** | **52.2** | **45.3 - 59.2** | **2557** | **27.9** | **25.8 - 29.9** | **4177** | **39.8** | **35.9 - 43.7** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1269 | 53.6 | 45.6 - 61.7 | 2140 | 28.3 | 26.0 - 30.5 | 3409 | 40.1 | 35.8 - 44.4 |
| Urban | 351 | 47.5 | 33.7 - 61.2 | 417 | 25.4 | 20.8 - 30.1 | 768 | 38.4 | 29.7 - 47.1 |